

2019

ZEPHYR RELAYS



AT

ZEPHYR STADIUM SPORTS COMPLEX

9:00AM

SATURDAY, APRIL 13TH

****THIS IS A RAIN OR SHINE EVENT****

2019 ZEPHYR RELAYS



EVENTS TIME SCHEDULE

****WE WILL TRY TO KEEP MEET MOVING, SO TIMES MAY CHANGE SLIGHTLY****

TRACK EVENTS:

GIRLS SHUTTLE HURDLES	9:30AM
BOYS SHUTTLE HURDLES	9:45AM
GIRLS 4 x 200	10:00AM
BOYS 4 x 200	10:15AM
GIRLS DISTANCE MEDLEY (1200 – 400 – 800 – 1600)	10:30AM
BOYS DISTANCE MEDLEY (1200 – 400 – 800 – 1600)	11:00AM
HALF HOUR INTERMISSION (TBD DAY OF MEET)	11:30AM
GIRLS 4 x 100	12:00PM
BOYS 4 x 100	12:15PM
GIRLS 4 x 800	12:30PM
BOYS 4 x 800	1:00PM
GIRLS SPRINT MEDLEY (200 – 100 – 100 – 400)	1:30PM
BOYS SPRINT MEDLEY (200 – 100 – 100 – 400)	1:45PM
GIRLS 4 x 400	2:00PM
BOYS 4 x 400	2:15PM
GIRLS THROWERS RELAY 4x100	2:30PM
BOYS THROWERS RELAY 4x100	2:45PM

FIELD EVENTS: (PIT A IS NEXT TO HIGH JUMP, PIT B IS NEXT TO POLE VAULT)

GIRLS DISCUS, BOY JAVELIN	9:00AM
GIRLS AND BOYS TRIPLE JUMP (OPEN PIT – BOYS PIT A, GIRLS PIT B)	9:00AM
GIRLS P.V. (6'6'') – BOYS H.J. (5'2'')	9:00AM
GIRLS JAVELIN, BOYS DISCUS	11:00AM
GIRLS AND BOYS LONG JUMP (OPEN PIT – GIRLS PIT A, BOYS PIT B)	11:00AM
BOYS P.V. (8'6'') – GIRLS H.J. (4'2'')	11:30AM
GIRLS AND BOYS SHOT PUT (BOYS CIRCLE A – GIRLS CIRCLE B)	1:00PM
AWARDS	3:00PM